**Rules of the Competition “Bien manger… à la française !”**

1. The title of the competition is ***“Bien manger… à la française!” - “Eating well… the French way!”***
2. The competition is open to **Secondary School students of Form 3 / Year 9 and Form 4 / Year 10** learning French as a foreign language in the colleges of Malta and Gozo.
3. The objectives of the competition are the following :
* To provide the students with an opportunity to communicate effectively in French and improve their communicative skills.
* To render the teaching and learning of French more interesting aiming towards a holistic education.
* To help the students communicate in real, everyday situations and help them to feel confident.
* To provide the students with an opportunity to learn about French traditional dishes.
* To encourage students to take an active part in their learning in a reassuring environment.
1. The competition will be launched by e-mail to all colleges in Malta and Gozo, on the APFM website (www.apfmalta.com) and on its Facebook page on **Monday 30th September 2019**.
2. Students participating in this competition will be required to prepare a French recipe at home or at school. They will have to film themselves or take pictures whilst preparing the recipe and send **a short video clip** (not more than **5 minutes** and in **mp4 format**) to their French teacher by email. In the video, **the students will have to speak but there is no need for them to show themselves**. The students will have to introduce themselves by indicating their name, the name of their college and their class. They must also indicate the ingredients and the instructionsof the recipe **in French**.
3. Students can work alone or in pairs.
4. The teacher will need to send the registration form and video footage of these students by wetransfer (https://wetransfer.com?/) to the APFM's email address: apfmalte@gmail.com.It is important for participants to complete the registration form. Any entry that does not include the registration form will not be accepted. **Registration forms** must reach the APFMbynot later than **Wednesday 6th November 2019** and **video clips** must reach the APFM by not later than **Monday 9th December 2019**.
5. All participants will receive a certificate of participation. The students who will have the best 3 video clips will also receive a certificate of merit. The top 3 entries will be placed on the APFM website and the first three winners will receive a prize each.
6. The certificates and awards will be presented during the APFM General Assembly on **Friday 24th January 2020**. The results will be announced in January 2020 on the APFM website (www.apfmalte.com) and the Facebook page of the APFM.
7. Entries will be judged on the following criteria:
* The quality of the video.
* Originality and creativity.
* The quality and pronunciation of French.

***The APFM Committee reserves the right to upload the photos and videos of theactivities on the websites of the APFM/CEO/FIPF as well as on its Facebook page.***